# Blueprint to Cyanotypes

## **Exploring a historical alternative photographic process**

by Malin Fabbri and Gary Fabbri



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For further information go to: http://www.AlternativePhotography.com/BlueprintToCyanotypes.html

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## About the authors

alin Fabbri grew up in Sweden. In her early twenties she moved to London to study Design, English and Photography. In London she worked as a designer for video production companies, design studios and big media names like Time magazine and CNBC Europe.

She earned an MA in Design studies at Central St. Martin's School of Design, London. Her thesis concentrated on 'alternative photography' and the research involved a lot of work with cyanotypes.

When she started her research, she found several books explaining the chemical process but it was hard to get hold of written material on the perception and the ART of cyanotypes. Sitting in the London Printing Library and leafing through a book on Anna Atkins' cyanotypes fascinated her. But she wanted to see more of this blue-toned artwork. Soon she began making contacts with artists working with historical photographic processes today. Everyone she contacted was very enthusiastic, and it was their enthusiasm that kept her going for the two years she worked on her thesis.

Finishing her degree and publishing her thesis felt more like a beginning than an end to Malin. She decided to combine her academic and practical experience and



started Cyanotypes.com. A number of the artists that had helped her from the beginning were interested in publishing their photographs on the site and it has grown to include all alternative photographic processes in use by artists today.

AlternativePhotography.com now represents over 200 artists and continues to grow. The website still maintains its origins as a source of information and research for alternative photographic processes.

Malin actively manages the expansion of the site as editor. She makes her own cyanotypes and runs workshops. She lives and works in Stockholm with her husband, Gary, and their son, Maximillian. ary Fabbri grew up in Rhode Island, USA. An early interest in writing and drawing led him to pursue both fine art painting and writing. His New England landscapes have been exhibited throughout the east coast, where he has also had a number of one man shows.

His master's thesis, a screenplay, *To Find His Breath*, led him to find work in the television industry. He moved to London in 1993 working as an editor and writer/director.

While working in the television industry in London, Gary met Malin. As Gary continued his career as a creative director he and Malin also pursued personal projects. They made several short films together. *Do it Now!* was shown at the Raindance film festival and was rated best film on the British Telecom website GetOutThere.com. A second film, *Sisyphus*, premeired in London and was shown in festivals all over the world, including Ireland and South Korea. As a director Gary has made numerous television adverts and several programmes including a documentary, *Making It*, for FoxKids.

Gary is constantly experimenting with different visual media, and when Malin introduced him to the cyanotype process he felt it was an excellent complement and extension to his artwork. The ease and flexibility of the cyanotype process allows him to fit printmaking into a busy schedule.

Gary and Malin moved to Stockholm in 2004 where they started a family. Gary runs his own company in Stockholm called Shed9, and continues to write, direct, paint and make cyanotypes.

# Introduction

hy a book on cyanotypes? The cyanotype is often the first alternative process that people try. It's relatively easy and safe enough to nurture a child's interest in photography. It can be seen as a gateway to further exploration of historic photographic methods. In addition, it gives experienced photographers and artists a great excuse to take their eyes off of the computer screen and get their hands dirty. Of all the alternative processes, the cyanotype is the one closest to my heart.

I made my first cyanotype in 1999. I was intrigued by the blue images and wanted to test the cyanotype process to see what it had to offer. I bought chemicals and spent an evening coating paper and cloth. The results of the next day's printing surprised me.

Although the alchemy of the darkroom had always captivated me, developing a print in the sun was like a liberation. One of the things I found most refreshing about the process was the unpredictability of the results. Some of my best prints were the product of 'happy accidents'. The developing process is straightforward. The chemicals are cheap, and most of the other items used can be found around the house. Pre-coated paper is available, but one of the benefits of working with cyanotypes is the great flexibility of material and paper available to you. Cyanotypes print on anything made of natural fibre. Cotton, linen, silk, handmade paper, watercolor paper and rags are just number of alternatives. Some artists even print on wood.

So, if you want to explore a fun alternative photographic process or seriously want to experiment with producing unique fine art, make a cyanotype.

als talk.

Malin Fabbri Stockholm, 2006

# **Cyanotype history**

oday's photographers manipulate and print images with ease. Given the range of digital processes available, it is easy to forget that only 180 years ago photography as we know it was not even invented.

At that time, the competition to capture the perfect image was intense. Many processes were experimented with and discarded. Some techniques were too slow, others too expensive, and some involved hazardous chemicals. But one technique was so quick, inexpensive and safe that it was nearly disregarded because of its simplicity, the cyanotype.

The process was invented in 1842 by Sir John Herschel. He discovered that ferric salts could be combined to create a light sensitive coating. That coating could be applied to paper and used to transfer images. He was able to print the first successful non-silver based photo. But there was one problem. The images were blue. The idea of printing all images in shades of blue was not popular with most photographic pioneers, who were still struggling to perfect black and white.

One botanist, Anna Atkins <sup>[1]</sup> produced and illustrated a book of British algae using the cyanotype process in 1843. She felt that this photographic method of illustration was a more accurate method to capture the minute details of the algae than sketching. This was the first book ever made using photographic illustrations. Each book was handmade. She then went to publish further studies of plants. Eventually, pictorialists latched onto the idea of cyanotypes and a special paper was marketed for them.

Although silver based developing methods became the standard, the ease of use and the affordability of the process set the conditions for cyanotypes to take on other forms and survive. For example, cyanotypes were used as a proofing method for photographers, and also by architects for copying architectural plans. These images had one distinct characteristic, they were blue - the blueprint.

The photography world is changing rapidly and it's uncertain if we'll even have ordinary film cameras in the future. Artists have found a perfect compliment to today's advances in digital technology. The cyanotype process puts the development in their hands. Anna Atkins placed plants on cyanotype paper to make prints of them. The image above "Reed in the Wind" is made in a similar fashion.

 [1] Anna Atkins (1985) Sun Gardens - Victorian Photograms, Phaidon Press Ltd. A reprint was made in 1985 by Phaidon press, it is unfortunately out of print, but can be found in rare bookshops. I was lucky to find a copy on www.powells.com



#### "Elderberry" by David W. Riccio © 2004

To make this photogram, David coated half sheets of 140 lb. watercolor paper (a semi-rough surface) in the dark with freshly mixed traditional cyanotype chemistry. The paper was placed flat on a glass plate and coated by pulling a glass rod across the paper in a single pass. The paper dried overnight in the dark. The sheets were then trimmed, stacked and put into a light-sealed bag and pressed under a stack of books to flatten them.

Fresh plant material was collected from an elderberry bush out in back of David's studio. The elderberry was trimmed and arranged on the inside glass surface of a large vintage 1900 contact frame. The contact frame was taken out into the sunlight and placed perpendicular to the sun. Noon sun on a clear mid-May day at about 55 degrees north, and exposed for 30 minutes.

The cyanotype was washed in cold water for about 15 minutes. While still wet the cyanotype was placed face up on a sheet of glass. The glass and cyanotype was placed at a slight incline to the vertical in a sink. The print was then washed in a single steady flow with about a cup of Hydrogen Peroxide (3% strength). This is to deepen the blue and complete the reaction of any remaining chemistry on the paper. The cyanotype was washed again with a gentle stream of cold water for 5-10 minutes and allowed to dry on the glass plate. The print was stacked between new cotton blotters and allowed to dry completely under pressure - using an old plant press.

David says: "I wanted to create images with the same processes Herschel and Atkins used."

More of David's work can be seen on www.AlternativePhotography.com/artists/david\_riccio.html David's prints can be bought by emailing him on david@lemoncreekdigital.com or through his website: lemoncreekdigital.com

# The cyanotype

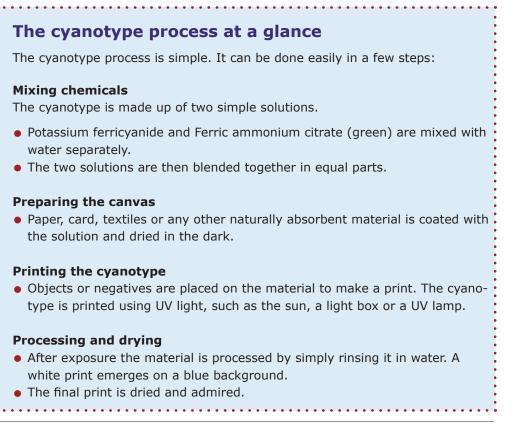
he basic cyanotype recipe has not changed very much since Sir John Herschel introduced it in 1842.

However, some advances have been made by Mike Ware<sup>[2]</sup> in what is referred to as the Cyanotype II process, or the New cyanotype process. Ware's cyanotype formula has less bleed, shorter exposure times and a longer density range than Herschel's, but it is also slightly more complicated to mix and uses more toxic chemicals.

Cyanotypes are also called Blueprints, Sun prints, Ferroprussiate prints and Iron prints. The natural blue color of the prints is referred to as Prussian blue. Cyanotypes use iron based salts (Potassium ferricyanide and Ferric ammonium citrate) to create blue images. Ferric simply means a compound containing iron and cyan means blue.

## **Prussian blue**

Prussian blue is often called the first of modern pigments. It was made by the Berlin color master Diesbach in 1704 and is referred to as Berliner blue in Germany. It became available to artists in 1724 and has been very popular since its discovery.



[2] For extensive technical information on cyanotypes, the different formulas and Mike Ware's research, see his book: "Cyanotype: the history, science and art of photographic printing in Prussian blue" by Mike Ware, published by the Science Museum and the National Museum of Photography Film and Television, 1999.



Cyanotype is a very simple process. It involves treating a surface with iron salts that reacts to UV light.

Wear a face mask and rubber gloves when working with chemicals. In this case, Ammonium ferric citrate and Potassium ferricyanide. Two separate solutions are made and then equal quantities of each solution is mixed together in a third container.

#### **Preparing the canvas**

Paper, card, textiles or any natural material can be used to print on. Decide how big your print is going to be, and cut your material to size. Make sure your working

> area is dimly lit, or lit with a low-level tungsten bulb. Once the material is coated, leave it to dry in the dark.

# Printing the cyanotype

Print a cyanotype by placing your negative or object in contact with your coated paper or fabric. Sandwich it with a piece of glass. Expose the sandwich to UV light. Natural sunlight is the traditional light source, but UV lamps can also be used. A photogram can also be made by placing items on the surface. Plants, decorative items or other objects can be used to create silhouettes or interesting shapes.

## **Processing and drying**

When the print has been exposed, process it by rinsing it in cold water. The wash also removes any unexposed chemicals. Wash for at least 5 minutes, until all chemicals are removed and the water runs clear. Oxidation is also hastened this way – bringing out the blue color. The final print can now be hung to dry and be admired.

#### MAKING A CYANOTYPE

# Making a print

#### What you need

Before you start, get all the items you need together.

- 25 grams of Ferric ammonium citrate (green)
- 10 grams of Potassium ferricyanide
- Water (distilled if possible)
- Scale or measuring spoons
- Measuring jug
- 3 glass containers for mixing ingredients
- Plastic spoons
- Face mask (DIY style)
- Goggles
- Rubber gloves
- Apron or old shirt
- Newspaper to cover work surface
- Cleaning cloth
- Brushes or coating rod
- Clothes pegs (plastic)
- Washing line or rope (plastic)
- Art paper or fabric for coating
- Glass or a contact print frame
- Sunshine or a UV light source

## The formula

This recipe makes approximately 50 8x10 inch prints. The cyanotype is made up of two simple solutions:

Solution A: 25 grams Ferric ammonium citrate (green) and 100 ml. water. Solution B: 10 grams Potassium ferricyanide and 100 ml. water.

If you're working with a different measurement system you'll find a conversion table in the reference section in the back of the book.

Dissolve the chemicals in water to make two separate solutions. Add Ammonium ferric citrate to water into one container and Potassium ferricyanide to water in another. Stir with a plastic spoon until the chemicals dissolve. Mix equal quantities of each solution together in a third container.

Unused solutions can be stored separately in brown bottles away from light, but will not last very long once they have been mixed.

## Your work area

Your floors, carpets, walls, work surfaces, clothes and skin can be stained by the chemicals. Cover all possible areas, use rubber gloves and an apron or an old shirt to work in.

If you have the space, choose an area where you can spread out. Ordinary light bulbs or tungsten light is safe to use, but UV light will affect your prints. Some fluorescent lighting may also affect your prints.

## **Preparing the canvas: cloth, paper and natural fibre fabrics**

he cyanotype process is very "slow" which means the chemicals take a long time to react to light, so you can use dim lighting when you are coating the material. Since drying the material takes considerably longer than coating it, drying should be done in the dark.



Cyanotypes can be printed on any natural paper, cloth or fabric. Cotton, linen or silk are all excellent canvases. The printing will not work on synthetics, like polyester, since the chemicals won't stick to the fibres in the fabric. A blend of cotton and polyester can work, although the colors may be less vibrant.

## Prepare a flat surface for coating with a brush or a rod

Tape some newspaper or manila paper to a flat nonabsorbent surface – such as a piece of glass - and tape your paper or material on top of the newspaper.

Then lightly mark the area you want to coat using a pencil and a ruler. Most of the pencil marks will wash away in the final step when you rinse your print.

## Tip!

If you're coating a lot of papers of the same size, it may be quicker to cut a cardboard template to the right size, and use this as a "frame" when coating.



"Magnolia" by Anne Storm van Leeuwen  $\ensuremath{\mathbb{C}}$ 

Anne took this photo during her last visit to her husband's antebellum family home in Georgia. It is a magnolia from one of the trees on the property. Anne is not from the American South but has lived there for a while now, and she feels that the magnolia is an icon of this region.

The cyanotype was printed on 4x6 inch handmade paper, Abaca/flax blend using the classic cyanotype formula with 1 layer yellow gum bichromate. The original image was taken with a Nikon Coolpix 2500, a negative made in Photoshop and printed on generic overhead transparency material.

More of Anne's work can be seen on www.AlternativePhotography.com/artists/anne\_storm\_leeuwen.html



#### "What's on?" by Wendy Currie $\ensuremath{\mathbb{C}}$

"What's on?" is an advertising bollard at The University of Melbourne. As soon as Wendy saw it with all its colored posters, she thought it would make a great cyanotype. Wendy visualized it toned & hand colored. Wendy was delighted when it turned out the way she imagined. The image was taken with a SLR camera & the large negative was made from a 6x4 inch colored image using a photocopier onto transparency film (at the time Wendy didn't have access to a darkroom or computer). The contrast was increased and the image reversed creating the negative. Wendy used the traditional cyanotype sensitizer and brushed it on freely as she wanted the brush strokes to be part of the image. She then toned it with tannic acid and sodium carbonate, handcolored using soft pencils smudging the color so there were no hard lines. The work was printed on a cold pressed cream paper. More of Wendy's work can be seen on www.AlternativePhotography.com/artists/wendy\_currie.html

## **Three different coating methods**

There are a few different ways to coat your material or paper. Whichever method you choose, remember to stir your chemicals to keep them well blended as you apply them.

## The paint method

Using a brush, simply paint the chemicals onto the material. Choose a brush without a metal ferrule, since metal may react with your chemicals. A Japanese hake brush is excellent and will give you a nice even coat. A cheaper bristle household pastry brush, or a foam brush can also work well. Nylon brushes aren't as effective.

With this method it is best to coat the material several times, in both directions, until it is completely covered. Cover an area slightly bigger than your negative. The solution is yellowish green before processing, so it is quite easily seen if you've missed a spot.

You can use the brush strokes around the edges of the print as an effect. Wash your brushes in cold water when you're finished.

## The dip method

You can pour out the solution in a tray, and submerge the material. Keep your gloves on and move the paper or fabric around the tray until it's fully saturated. If printing on fabric squeeze as much excess liquid out as possible before hanging it to dry. If printing on paper, drain away as much excess fluid as possible before hanging.

More chemicals will be used with the dip method, but you're pretty much guaranteed an even coating. Just make sure you don't get streaks when you hang it to dry.

## The coating rod method

A coating rod is a very economical way of coating your material since it doesn't retain any chemicals after application. You will be able to do more prints with the same amount of solution.

Use a syringe or a small cup to pour the chemicals onto the rod. Alternatively, pour the solution in a line onto the top of the paper. Pull the rod back and forth a couple of times over the material until it is covered.

This method is a little tricky to get the hang of, but once you do, it works very well.

# Drying

nce you've finished coating the material, dry it in a completely dark area. It is now sensitive to light and will begin to "fog" or change color

if it is exposed to light. You can dry the material by hanging it on a plastic clothesline, pegging it with plastic pegs, or on a flat surface. If you have problems finding a dark room, a chest of drawers or an airing cupboard may be the solution. To speed up the drying process a hair dryer or a hot air fan can be used on moderate heat.

If you hang very wet material, be aware that the chemicals may cause both streaks in the final print if the chemicals run, and stains on the floor below. Before leaving the material to dry, don't forget to clean up! Wipe all surfaces and remove any spillage or splashes. Any chemicals left can cause a nasty stain.

When the chemicals are applied to white material it appears greenish yellow when dry.

The dried material can be stored for later use, but some oxidation may occur and the final print can be dark blue on lighter blue, rather than blue on white.

## Skip the drying and wet process

If you don't want to wait for the material to dry you can try wet processing. This is done by simply exposing the material to UV light with your negative or objects placed on top when still wet.

However, do not use a negative you only have one precious copy of. The sensitizer contains chemicals that can damage a negative when wet. If you are making photograms and placing objects on the material it may also stain them, depending on the material they're made of. So, think twice before you put antique lace or other valuable objects in contact with wet cyanotype chemicals.

#### **Storing coated material**

Coated material will not stay fresh forever. It can however be stored for around six months without too much effect on the final print.

If the coated material has turned dark green when you pull it out of the bag, it is likely to have oxidised. Using aged material will result in light blue highlights instead of what should have been a clear white. The print will therefore have less contrast. There is not much to be done about this apart from starting all over again and coating a new batch. One thing you can try is to soak the print for an hour after the final rinse.

To prolong the storage time of coated material as much as possible, make sure it is completely bone dry when storing it. Keep it in a black, light proof bag (those used for photographic paper are great) and press any excess air out of the bag before sealing it. Keep the bag in cool and dry place.

# **Preparing your image**

here are several ways of preparing an image that you want to turn into a cyanotype. The basic rule is that whatever you place between your light source and your canvas will effect the resulting image.

The two most common methods of creating images are contact prints using negatives and photograms.

You make contact prints by placing enlarged negatives on your material, which creates a positive the same size as the negative. You make photograms by placing objects directly on top of the material and capture

their shadows as outlines.

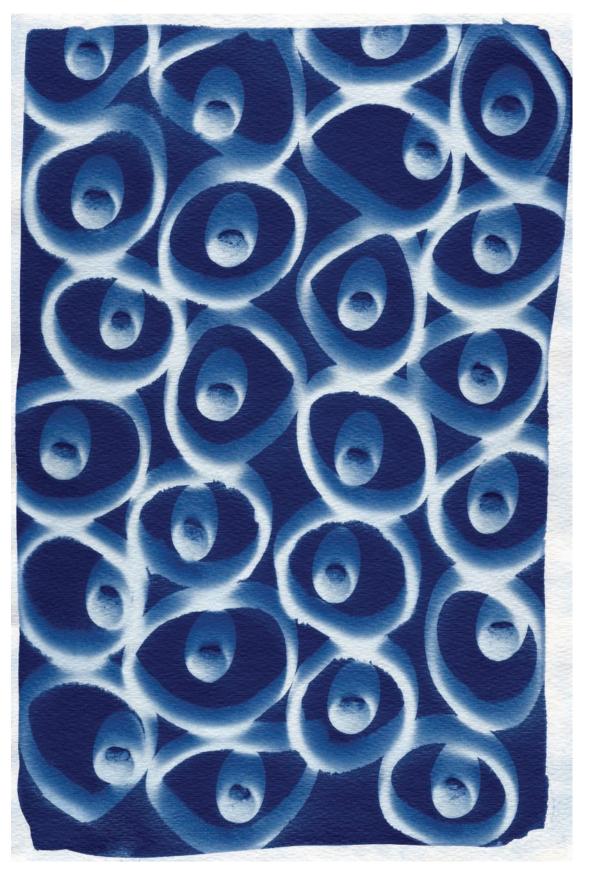
You can also draw on transparencies or glass, make stencils, or place other semi-transparent materials in front of your canvas.

## A simple rhyme

Understanding how the final image will come out may be tricky the first time. But this simple rhyme pretty much sums it up – great for using on children's workshops!

"If it lets light through it will turn blue. If it blocks out light it will stay white."

. . . . . . .



#### "Eyescreen" by Elizabeth Graves ©

Eyescreen is part of a small series of cyanotype photograms displaying the potential abstraction inherent in everyday household objects. The photogram was made with elastic hair bands and floral marbles, in an arrangement inspired by antique amber glass patterns. The paper was coated with a 1 inch wide watercolor brush, with the emulsion spread in long strokes vertically, horizontally, and then vertically again to achieve an even coating on the textured paper. It was printed on Fabriano Aquarello with the classic cyanotype formula, with an exposure time of about 6 minutes. More of Elizabeth's work can be seen on www.AlternativePhotography.com/artists/elizabeth\_graves.html

## **Photograms: Using Objects**

The first cyanotypes were actually called photograms or shadowgrams, and that's a good explanation of what they were. Placing objects on the surface of the coated paper and exposing them creates an image in the same shape as the object – a shadow.

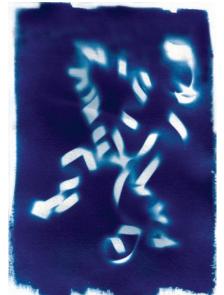


Many different decorative shapes can be used to create silhouettes on fabric and paper. Cyanotypes, and especially those done using objects, sometimes have a dreamy, floating feel to them. The varying shades of blue are like a sky on a clear sunny day.

Any object can be used to make a photogram, but it's usually those objects that have an interesting shape, or are semi-transparent in some way that are most interesting. Grass, leaves, branches, flowers or other plants can be used to make interesting compositions. You can experiment with kitchen utensils, toys, feathers, rope, lace, glasses, tools or anything else with shape and form.

Anna Atkins created the first book of cyanotypes

in her pursuit to capture botanical images of algae that seemed too delicate to be hand drawn.



The images above and below are photograms. Arches Aquarelle paper was coated using a Japanese hake brush to get that handmade quality. The paper dried overnight in a dark room. Ribbon (above) and a branch (below) were placed on top of the coated paper and exposed for 12 minutes using a UV light. It was rinsed and left to oxidise to its final deep blue color.









#### "Chances" by Anita Chernewski ©

Anita used negative film and then made her cyanotype image using the classic cyanotype process. Anita has a series of photograms on 16x20 gelatin silver paper she made using her hands and three-dimensional shapes out of paper. Since the images are one of a kind she wanted to reproduce them. Anita used the classic cyanotype process to make this cyanotype image.

She used TRI-X negative film, size 2 1/4 x 3 1/4 inches, in an old box camera. She photographed her three 16x20 inch gelatin silver photograms. After the film was processed, she coated the Saunders 140 lb. Watercolor Paper with the classic cyanotype chemistry using a foam rubber brush. After the paper dried, Anita place the negatives on watercolor paper and developed the images using a sun lamp. Exposure time was 20 minutes.

More of Anita's work can be seen on www.AlternativePhotography.com/artists/anita\_chernewski.html

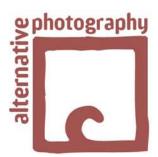
The cyanotype is often the first alternative process that people try. It's relatively easy and safe enough to nurture a child's interest in photography. It can also be seen as a gateway to further exploration of historic photographic methods. In addition, it gives experienced photographers and artists a great excuse to take their eyes off the computer screen and get their hands dirty.

Blueprint to cyanotypes is all you will need to get started with cyanotypes. It offers the beginner a step-by-step guide, from choosing material to making the final print. It is full of information and tips. Even the experienced cyanotyper may learn a thing or two.

Blueprint to cyanotypes is published by AlternativePhotography.com - a website and information center dedicated to alternative photographic processes.

"A very clear and well written book on cyanotypes. It's easy to follow for the beginner and is an inspiration for the more experienced photographer. I highly recommend it!"

> - Spike McGee Photography teacher and artist



## Historical photographic methods in use today

- Techniques and processes
- Photographers' gallery
- Articles and forums
  - **Specialist literature**

alternativephotography.com